Sacher Torte Recipe

by:Tereza Alabanda, The Pastry Maestra

Prep. time: 30 minutes

Cook time: 35 minutes

Ready in 90 minutes plus cooling

Level: Advanced

The Cake

- Butter 120g (4.20z)
- Sugar 100g (3.50z)
- Egg yolks 100g (3.5oz or 5 medium yolks)
- All purpose flour 40g (1.40z)
- Hazelnuts, toasted and ground 50g (1.8oz)
- Cocoa powder 30g (10z)
- Egg whites 150g (5.3oz or 5 egg whites)
- Sugar 60g (2.10z)

The Syrup

- Water 100g (3.5oz)
- Sugar 100g (3.50z)
- Rum 15ml (1Tbsp)

Apricot Jelly

- Apricot puree 250g (8.8oz)
- Sugar 85g (3oz)
- Lemon juice 10ml (2Tsp)
- Gelatin 7g (4 sheets)

Chocolate Ganache

- Dark Chocolate 300g (10.6oz)
- Double cream 300g (10.6oz)
- Butter 85g (3oz)

Chocolate Mirror Glaze

- Sugar 160g (5.60z)
- Water 60g (2.10z)
- Glucose syrup 85g (3oz)
- Cocoa powder 60g (2.1oz)
- Cream 150g (5.3oz)
- Gelatin 9g (6 sheets)

Directions

The Cake

- 1. Mix the butter and 100g (3.50z) of sugar in a stand mixer fitted with paddle attachment until the mixture becomes creamy. Gradually add egg yolks and mix until incorporated.
- 2. Sift flour, cocoa powder and add ground hazelnuts into another bowl, and stir to combine.
- 3. Make French meringue out of egg whites and 60g (2.10z) sugar.
- 4. Fold in 1/3 of the meringue into egg yolk mixture. Incorporate 1/2 of the dry ingredients into the mixture. Fold the second 1/3 of the meringue, and then the rest of the dry ingredients. Finish with final 1/3 of meringue; be careful not to overmix the batter.
- 5. Pour it into the prepared 20cm (8") in diameter cake pan, and bake it at 180°C (350°F) for approximately 30 minutes, until a skewer inserted in the middle of the cake comes out clean.

The Syrup

6. While the cake is baking make the syrup. Mix water with sugar and heat this mixture in the microwave until the sugar dissolves. Leave the syrup to cool down, add rum and stir to combine.

Apricot Jelly

7. To make apricot jelly prepare one 18cm (7") in diameter cake ring and line it with aluminum foil. Soak gelatin in cold water. When the gelatin softens, squeeze it to get rid of the excess water and set it aside. Put apricot puree, sugar and lemon juice into a bowl and stir the mixture. Heat it in the microwave until it boils. Then, remove it from the microwave and add prepared gelatin. Stir the mixture until the gelatin melts. Pour it into the prepared mold and put everything in the freezer to set.

Chocolate Ganache

8. To make ganache put chopped chocolate into a bowl, and in another bowl heat the cream in the microwave until it boils. Pour hot cream over the chocolate and leave it for one minute to allow it to melt the chocolate. Then, stir with a whisk until you get uniform mixture. Add softened butter, and stir until it melts. Leave ganache at room temperature to set.

Assembly

- 9. When the cake is cooled, take it out from the mold and cut it into two layers. Remove apricot jelly from the mold.
- 10.To assemble the cake line one 20cm (8") in diameter cake mold with acetate strip. Put one layer of the cake on the bottom, and soak it with syrup. Pipe about one third of the ganache on top of that, and then insert frozen apricot jelly in the middle. Pour another third of the ganache on top of the jelly and spread it with small spatula. Put second cake layer on top of the ganache, and soak it with syrup. Put everything in the fridge for about 30 minutes to set.

11. Remove the cake from the mold and peel off the acetate strip. Coat the sides and the top of the cake with remaining ganache. Put the cake back in the fridge.

Chocolate Mirror Glaze

12.To make the glaze soak the gelatin in cold water. When the gelatin softens, squeeze it to get rid of the excess water and set it aside. Put water and sugar into a saucepan, and bring the syrup to a boil. Add glucose, and continue cooking the syrup until it reaches 104°C (219°F). At that point, remove it from the stove and add sifted cocoa powder. Stir with a whisk until the mixture becomes uniform. Heat the cream in the microwave and add gelatin to it. Stir until the gelatin dissolves. Pour the cream and gelatin mixture into the cocoa mixture. Blend the glaze with immersion blender, and run it through a strain. Cover the glaze with cling film and leave it to cool down to 35°C (95°F).

Chocolate Decoration

13.To make chocolate decoration pipe blobs of tempered dark chocolate onto a parchment paper, and spread them with spatula. Then, pipe parallel lines on top of that, and dab with a spatula to get the ripple effect. After that, dust the chocolate decoration with cocoa powder. When the chocolate sets, cut it into random pieces.

Glazing

14. Put cooled cake onto a small cake ring, and glaze it with mirror glaze. Leave the glaze to drip down. Then, cover the bottom of the cake with chocolate chunks. Pipe the word "Sacher" on top of the cake with melted dark chocolate. Finally, decorate the cake with chocolate decorations.

Copyright© PastryMaestra.comTM